

HOSPITAL FOUNDATION

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Report to donors

A year like no other A Message from our Chair

As my first year as Chair of the Cape Breton Regional Hospital Foundation Board of Directors draws to a close, it is rewarding to look at all that you have accomplished this past year. It is because of you, our committed donors, that we have had one of our most successful years ever. I am both humbled and very proud of the remarkable work being done by our Foundation to strengthen healthcare in Cape Breton. On behalf of the Board of Directors I would like to thank you, our donors, who have made it possible for us to

help so many patients and their families in Cape Breton.

This year, we celebrated over 25 years of fundraising and more than \$50 million raised. A group of dedicated volunteers started raising funds to build the Cape Breton Regional Hospital, and today we continue to fundraise in order to ensure excellence in healthcare for all Cape Bretoners.

This year we have seen our community's children raising money in support of the Because You Care Cup, we have seen legacy gifts that have changed the landscape of our hospital as well as a record-breaking Radio Day. We have also seen local businesses continue to support the work of our Foundation with tremendous generosity. Every day we hear stories of patients whose lives are enriched and whose families are comforted by the healthcare they receive at home.

> Many thanks to all of you who have made donations, volunteered at events, helped organize fundraisers and engaged our community. It has been an absolute honor to serve as the Chair of the Cape Breton Regional Hospital Foundation Board this past year. I am very proud of the work our staff and board members do to ensure that your donations are hard at work in Cape Breton.

Thank you, Cape Breton – because you care, we can make excellence in healthcare a reality.

Glen Brann Chair, Cape Breton Regional Hospital Foundation

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A year of excellence A Message from the CEO

At the Cape Breton Regional Hospital Foundation, we are truly blessed by the support of a community that cares. Every day we see donations, volunteers, committees and medical professionals who want to strengthen healthcare in Cape Breton. Every single day we are reminded that our work impacts lives in our community, but without the support of our donors, we could never accomplish what we have.

In 2017, we have worked tirelessly with the unwavering support of our Board of Directors to ensure that your gifts are defining Cape Breton's healthcare. We are working hard because you are giving generously. This year, we've had an incredibly successful year - providing more than \$3,900,000 in disbursements and commitments, which we invest into our hospital.

In 2017, we continued to focus on our Operation Heart campaign, which is impacting over 18,000 Cape Bretoners each year. Between the essential cardiac care and operating room equipment, that sees over 11,000 surgical procedures a year, we are ensuring that lives can be saved and enriched right here – at home. Your generosity is keeping Cape Bretoners alive. This year we met some amazing people who motivated and inspired us. Patients, like Danielle Boutilier, who never had to leave Cape Breton once after learning of her cancer diagnosis. We were inspired to provide our operating rooms with state-of-the-art equipment for the patients in our community – and you made it a reality. With nearly 90% of Operation Heart's \$1,350,000 goal raised, we are already seeing enhanced care – here at home.

2017 was also the year of Caleb's Courage. This year truly honored our little superhero with the unveiling of the Caleb's Courage Superhero Suite for pediatric palliative oncology, more than \$290,000 raised by Caleb's Courage, NuStar Energy's exciting golf tournament raising important funds for Caleb's movement, the creation of Caleb's endowment fund and much more. Caleb is truly inspiring us all and this year was a testament to his strength.

As we move forward, we will always have our mission at the forefront. Every day we want to help "Strengthen healthcare for Cape Bretoners" and with the help of your gifts, we are able to meet this mission. Whether you've made a donation to the cancer centre, or you've committed to a monthly gift that supports the pediatric unit, your kindness and generosity are making a difference. Every time you attend fundraising events or pledge a gift, you make certain that we can offer world-class healthcare for our community. We're very proud that 100% of the money raised, strengthens healthcare in Cape Breton. It's because of you that we can do this.

With every gesture, with every gift, with every pledge, you're making Cape Breton better. The need for your support is only growing, so let's keep up the great work. Let's ensure that our children and their children have access to healthcare - at home. Cape Breton is known for its kindness and our donors are the proof.

Thank you - until no patient needs us, we need you!

Brad Jacobs





Your Donations at Work & Our 2017 Financial Results

In 2017, thanks to you, we committed to investing **\$3.94 Million** into healthcare in Cape Breton!

2017 Disbursements

Cancer Care	\$ 378,924
Mental Health & Addictions	\$ 235,990
Pharmacy	\$ 321,360
NICU/Labour & Delivery	\$ 20,964
Pediatric Care	\$ 232,735
Emergency/ICU/Patient Comfort/Renal	\$ 130,626
Medical Staff Education	\$ 36,660
Glace Bay Hospital Foundation	\$ 44,018
Recruitment & Retention	\$ 6,550
Heart & Lung Wellness	\$ 6,541
Total Disbursements	\$ 1,414,368

2017 Commitments

Total Commitments	\$ 2,522,587
Renal Dialysis	\$ 2,000
Pediatrics	\$ 6,500
Cancer Centre	\$ 9,714
Labour & Delivery	\$ 15,731
New Waterford Consolidated Hospital Foundation	\$ 16,121
Pediatric Care	\$ 25,768
Mom & Baby	\$ 30,765
EEG	\$ 46,722
Comfort & Care	\$ 52,997
NICU	\$ 64,431
MRI & DI	\$ 285,221
Mental Health	\$ 640,000
Operation Heart	\$ 1,326,617

The above chart represents how our 2017 disbursements and commitments will be allocated across areas of care throughout Cape Breton. In total, 3,936,955 is being invested into the health of Cape Bretoners – *thank you*!

For 2017, our total fundraising expenses represent 15.4% of total fundraising revenue. This is 56% lower than the industry fundraising expense ratio standard of 35% according to Canada Revenue Agency.

CAPE BRETON REGIONAL HOSPITAL FOUNDATION Financial Highlights

Year Ended December 31, 2017

This is an overview of our financial statements. Complete audited financial statements are available by contacting the Foundation Office.

REVENUE

Annual Campaign Special Events Planned Giving and Major Gifts Interest and Net Realized Losses on Investments

Total Revenue

FUNDRAISING EXPENSES

Direct Expenses

Special Events Expense

Total Fundraising Expenses

Total Net Fundraising

Administration

Distributed to Nova Scotia Health Authority

Distributed to other organizations

Unrealized Gain on Investments

Excess of Revenue over Disbursements

\$	885,643
	600,072
	44,018
	1,370,350
	468,556
	2,168,495
	394,978
	76,092
	318,886
	2,563,473
	487,328
	798,779
	229,992
\$	1,047,374

Courage Comes From Superheroes More than \$290,000 raised by Caleb's Courage in 2017

On May 17th, 2017, the official Caleb's Courage flag was raised at the Cape Breton Regional Hospital to honour Cape Breton's favourite little superhero, Caleb MacArthur, and to let the world know that Caleb's Superhero Suite, in the Pediatrics Unit, is ready to comfort sick kids and their families.

After losing their son to Neuroblastoma, Caleb's parents Mike and Nicole have continued his legacy of fighting hard and never giving up. With their experience, they felt they had the tools and ideas to make a real difference.

The MacArthurs started a fundraising movement in June 2015, in the hopes of building a room to honour Caleb and to support families of critically ill children in their own journeys through palliative care. After many fundraising events, relentless work, the generosity of a remarkable community, and the support of the AVIVA Community Fund, the MacArthur family has raised over \$200,000 to build this room.

After months of hard work and dedication from three local community businesses, who volunteered their services; Brilun Construction, Dora Construction and

Joneljim Concrete Construction, as well as many subcontractors and other generous contributors,

next page...

"Being together as a family was so important to us when Caleb was sick. Our main focus for this project was to design a warm, cozy, child-friendly room that feels 'almost' like home, a place where the whole family can be together during the child's treatment."

Nicole Forgeron MacArthur

the room was ready in May of 2017. Over \$120,000 in services and supplies were donated to this project since its inception.

The MacArthur family is now focused on continuing Caleb's legacy through an endowment fund that will support the Pediatrics Unit at the Cape Breton Regional Hospital, specifically, Pediatric Oncology/Palliative Care. It will be used to enhance supports and overall quality of life for critically ill children and their families by funding specialized equipment, programs, and services during their time in hospital and at home, as well as following the loss of a child.

Swinging to Help Little Superheroes Fighting BIG Battles Cape Breton's NuStar Energy steps up to Support Cancer Care and Caleb's Courage Story

Golf tournaments are always a fun way to raise funds, but rarely do they make this kind of a local impact. This summer, the NuStar Energy Fairways to Success Golf Tournament raised \$115,000 to support Caleb's Courage Legacy Fund and the Cape Breton Regional Hospital Foundation's Cancer Patient Care Fund.

NuStar embraced Caleb's superhero movement with enthusiasm and passion. In addition to the golf tournament, NuStar gave an additional \$5,000 to round it up to \$120,000.

The Cancer Patient Care Fund provides financial assistance to cancer patients at the Cape Breton Cancer Centre during treatment. The fund would not exist without the support of a generous community and businesses like NuStar Energy. In 2017 alone, \$336,000 was disbursed to cancer patients in Cape Breton through this fund.

Caleb's Courage Legacy Fund was created with love by Caleb's parents as a way to honour their son, and, with the help of the Cape Breton Regional Hospital Foundation, to make a positive impact in healthcare for families all over Cape Breton Island.

Thanks to Nustar Energy, the endowment fund will be able to support little superheroes fighting big battles and cancer patients facing financial struggles. It's businesses like this that remind us that we live in the most

caring community in the world.

"I invest in healthcare as my charity of choice because although it is not me walking through the cancer centre doors for treatment today, it could be me or a loved one tomorrow."

Elaine Gibney



Planning a gift, to create a lasting legacy Legacy giving is a heartfelt way to give back

Looking back on our lives, we may think "How will I be remembered?" Planning a Gift in a Will that will strengthen Cape Breton's future healthcare, will give you a sense of pride. A legacy gift is a lasting statement of your community-minded generosity and it provides an opportunity to show that you care about healthcare in Cape Breton.

On National Philanthropy Day this year, we celebrated the legacy of Victor J. Harriss. Mr. Harriss left a joint \$10,000,000 estate gift to the Cape Breton Regional Hospital Foundation and Cape Breton University. The gift was left in hopes of improving his community after his death.

The gift has since enhanced both the hospital and university, with an emergency room renovation as well as the building of the Harriss Hall at CBU.

Another legacy gift was initiated this year. Elaine Gibney already supports the Cape Breton Regional Hospital Foundation as a volunteer board member and donor, but this year Elaine also purchased a life insurance policy, not for her family, but for her community.

Aside from giving back and feeling good about her gift, Elaine's estate will receive a tax receipt for her monthly premium payments on this life insurance policy.

Elaine and many more Cape Bretoners are discovering estate planning as one of the most valuable ways to help the Cape Breton Reginal Hospital Foundation continue to strengthen healthcare in Cape Breton well into the future. kept me alive."



Reeling in big support & saving lives Fishing for heart health

Jeff almost died last year. The Executioner was the name of the boat he was working on. It's a fitting name for the boat that nearly took his life. After diving beneath to repair the vessel, Jeff suffered a major heart attack.

6 years ago, when Jeff helped start the Mako My Day Shark Derby, he knew he wanted to give back to the Cape Breton Regional Hospital. He knew that everyone in his life had used the hospital or knows someone who has. He had no idea that it would be him in urgent need of the Hospital's services.

The Shark Derby has raised more than \$42,000 for the hospital so far. This year the money went to Operation Heart to ensure world-class care is offered here - at home. Not only did the derby fully fund Pace-Art software, equipment which tracks progress of over 1,500 patients in Cape Breton a year, and monitors them at home, it also helped fund a new Operating Room table.

Without the important equipment and services available, Jeff wouldn't be here today. He wouldn't fish another day, he wouldn't host another shark derby and he wouldn't see his children grow up. He's here today because his community gives back. Jeff's heart is healthy today and Cape Breton's generosity has lead him to living an even more positive life.

RADIODAY A record breaking year!

In a new partnership with 101.9 The Giant and New Country 103.5, Cape Breton broke records this year, raising a staggering \$1,016,697 for the Cape Breton Regional Hospital, an increase of 44% over last year's total. Thanks to many important donors: MECO Construction DKI, Jim Sampson Motors, Father Albert Maroun, OTS, the fishermen of Cape Breton led by long time donors Joe Anthony and Jimmy Kennedy, all who called to make a pledge and too many more to name, we were able to purchase vital equipment for our operating room and cardiac care.



Celebrating more than 25 years of strengthening healthcare with more than \$50,000,000 raised

This year, as a part of the Sydney and Area Chamber of Commerce's annual Business Hall of Fame and Philanthropy Hall of Fame celebration, we celebrated philanthropy in addition to business. We were fortunate to honor some of the significant contributors to our Foundation's success. The honorees, who were presented with a Because You Care tartan tie or scarf, included: donors, volunteers and medical staff who have helped us raise and invest more than \$50,000,000 into healthcare in Cape Breton. A special thank you to Red Label Kilts for creating the Because You Care tartan ties and scarves that our honorees received.





Kids stepping up to make some real change Our youngest donors remind us that kindness comes from the heart

2017 was a year of generosity. Many gifts were made to strengthen healthcare in Cape Breton and the gifts from our youngest donors truly warm the heart. Every child who made a gift this year, makes us proud of our community, but some kids really stood out.

Ten year old Sam Gracie raised over \$3,600 to support the purchase of EEG equipment and operating room equipment in Cape Breton. Not only did his team, Hattie Heroes, win the Because You Care Cup by raising the most money in the 2017 road hockey tournament, but he was also the top fundraiser for the entire tournament. After such a successful summer of fundraising, he jumped at the opportunity to become a Sydney Credit Union Changemaker.

The Sydney Credit Union Changemakers, who were almost exclusively children, raised an incredible \$12,537 for Operation Heart. Another set of Changemakers were Julia and Jansen Chiasson. This sibling duo fundraised at their school and in the community and raised a lot of money in their community. As a way of showing the importance of community, they chronicled their journey in a Changmaker booklet.

Another group who warmed many hearts was the The CBU Early Childhood Centre. The children heard about the Changemakers campaign and formed the most adorable committee of fundraisers we may have ever seen. This group of three and four year olds sold baked goods, held events and raised an incredible \$2,000 so, "The doctors can make people who are sick feel better again."

Finally, our little Niel Planetta, the youngest fundraiser this year, raised money for the Operation Heart campaign with the help of his family and friends. This was especially important to Niel and his family because he was born with a cardiac condition and his mom credits the Cape Breton Regional Hospital with saving his life.

We often focus on teaching kids, informing them about the right thing to do and how to do it. This year, kids taught us about how precious our healthcare is and how kindness goes a long way to making Cape Breton a healthier place to live.



Imagine Canada Approved!

Imagine Canada is a national accreditation for the charitable sector. Only 3 charities in all of Nova Scotia have this accreditation and we are one!

Imagine Canada strengthens and supports Canadian charities and nonprofits so they may better serve and engage individuals and communities here and around the world. Learn more at www.imaginecanada.ca.

In January 2017, the Cape Breton Regional Hospital Foundation achieved prestigious accreditation from Imagine Canada's Standards Program showing excellence and compliance in five key areas of operations:

1. Board governance 2. Financial accountability 3. Fundraising 4. Staff management 5. Volunteer involvement

2017 **Donors** We are grateful for every gift we receive. In this report, we are pleased to recognize donors who have contributed \$250 or more in 2017

\$250 - \$999

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